

SELF-DEFENSE SEMINAR

APRIL 8TH, 2017



Sensei Pedro Bennett, Founder
Venn Kempo Jujitsu Methods

CURRICULUM

- ◆ STRIKES
- ◆ VERBAL COMMANDS
- ◆ GRAPPLING—ANTI-GRAPPLING
- ◆ SELF-DEFENSE STRATEGIES

FROM MORE INFORMATION

CONTACT SENSEI: 757-453-3884

COST \$40.00

TIME

10:00 AM to Noon

CHATHAM COMMUNITY CENTER

115 South Main St.

Chatham, VA. 24531

LOCATION

USA

USA

Self-Defense

LEARN PRACTICAL

TECHNIQUES & STRATEGIES THAT WORK!!!



Martialartsnow.com

Pedro Bennett

Educator

Self-Defense Practitioner

AGE RESTRICTION: 12 AND UP

PARENT SIGNATURE—12 TO 16

Ex-Law Enforcement

Kempu Jujitsu - Chinese Kempu Karate - Aiki Concepts

Pedro Bennett
Head Instructor

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Venn Kempo Jujitsu
SELF-DEFENSE TRAINING

WWW.KEMPOJUJITSU.US